

Self-awareness and Personal Development: The Core Competencies for an Unknown Future

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Abstract:

In an unknown future, it is a challenge to predict what kind of knowledge and skills necessary to help individuals function effectively. With the rapid development in technology, it is expected that there will be changes in the skills required at the workplace in line with the development of new tools in the society. The question is, what kind of core competencies required by individuals to cope with the rapid changes in the future? History teaches us that the skills required will be shaped by the changing needs brought by new development in the society. It is predicted that the next generation might face changes in job specification several times in their career life. Therefore, in addition to core competencies such as communication skills, critical and creative thinking, and teamwork skills, to name just a few, there are other aspects that need to be developed to help individuals cope with the rapid changes in the society. Providing individuals with the skills of self-awareness and self-knowledge is important and fundamental to help individuals manage and plan their personal development as a lifelong learning process, especially in fulfilling the demands of job in an unknown future. Issues and recommendation related to the development of self-awareness and personal-development in higher education will be discussed.